



# **FRANKLIN CENTRAL SCHOOL**

## **ATHLETIC DEPARTMENT**

### **RULES AND EXPECTATION OF STUDENT/ATHLETE:**

- 1. Eligibility Policy:** All students are to adhere to the school's eligibility policy. If student is on restricted list for 2 or more subjects for 3 consecutive weeks they will be deemed ineligible to play. Student will be able to practice with team but not participate in any games until off the restricted list.
- 2. Attendance/school on time:** Students must be to school by the start of first period(8:15am) unless they have a legal excuse(Doctors or Dentist appointments ect...) Students who are late without a legal excuse will not be allowed to practice. They can be present at practice but not allowed to participate. This may be deemed an unexcused practice.
- 3. Missing Practice:** Practices are extremely important. A student is allowed one unexcused absence from practice. Anymore might result in dismissal from the team. Athletes who miss a practice the day before a game(for any reason) might not start or might see their playing time diminished.
- 4. Drug/alcohol policy (including FACEBOOK or other media):** Use of illegal drugs, alcohol, and tobacco products will not be allowed. Athletes are not to use, possess, or be under the influence of illegal drugs, alcohol, and tobacco products. If caught, student/athlete will be offered the Franklin Central School substance abuse contract. Failure to accept the contract will result in immediate dismissal from the team. If pictures that insinuate you are smoking, drinking, or with drugs in your possession are turned into the athletic director or school administration regardless of where they were taken, student/athlete must also complete the counseling program set up by Franklin Central School.

5. Report all injuries or sickness to your coach and school nurse immediately.
6. You are responsible for your uniform and equipment given to you by your coach. Proper care must be given to all. Do not lose or destroy any part of your “uniform or equipment”, treat them with proper care.
7. The locker room is your home, treat it as such. Please pick up after yourself. Players will be given a locker and a lock or they may bring in their own lock. Please keep your locker locked at all times!! Franklin Central School is not responsible for lost or stolen items. Also, please do not give out your lock combination to people you don’t trust.
8. Playing time is non-negotiable. Athletes earn playing time. Modified team coaches will try to insure that all players receive at least 50% playing time in all contests. JV and Varsity coaches cannot make that same claim. Playing time will be given to the players who deserve it and have worked hard for it.
9. Any concerns must be expressed to the coach first, preferably not after a game, then the athletic director and finally administration by the student or parents.
10. Remember, you represent Franklin Central School. Do not do anything that is detrimental to the team or your school!!

**Please keep this page for your records.**

# Rules and Expectations

**I have read and understand the rules and expectations for the Franklin Central School athletic teams. I will follow all rules and understand the consequences if I do not follow them.**

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Signature of Athlete

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Date

**I have read the FCS athletic rules and expectations that are required by my son/daughter to participate in FCS athletic programs. I understand that these rules and expectations must be followed for the success of all here at Franklin Central School.**

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Signature of Parent/Guardian

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Date